

# CARDEN WEEK

Important Dates		
Tuesday 15 <sup>th</sup> November	P&C Meeting 6pm	
Thursday 17 <sup>th</sup> November	P&C Working Bee 3pm	
Friday 25 <sup>th</sup> November	Jump Off!	
Mon 28th Nov - Friday 2 <sup>nd</sup> Dec	Dental Van visit one day this week	
Mon 28th Nov – Thurs 8th Dec	Swimming Program	
Friday 9 <sup>th</sup> December	Presentation Day	
Tuesday 13 <sup>th</sup> December	High School Orientation Day	













Thank you to the BFNC for the fun and energetic activities on Friday. The students learnt many new skills and practiced them under the guidance of team members from the Football Club. Thank you to Dylan and the team for another fantastic afternoon of football skills and games.

# Principal's Report

**Dear Parents and Carers** 

### **TRANSITION DAY FOR KINDERGARTEN 2023**

Last Friday 11th November was our final transition for 2022 for next year's Kinder students. The children were very excited to spend the day with Mrs Swoffer, their 2023 Buddies and to meet Mrs Kennedy who will be their teacher next year. They completed a number of fine motor skill activities in the morning including colour by number, letter tracing, cutting along lines, threading and peg boards. They also listened to a story with their buddy and had a play in the big playground with them.

Our pre-schoolers attended their very first assembly and also the school Remembrance Day service. They cooked their own pizzas in the kitchen for lunch and sat at the long table to eat. It was a big day, and a great opportunity for all our pre-schoolers to experience firsthand a full day of 'big school' before we see them again at the beginning of the 2023 school year. Thank you to Mrs Swoffer for running our transition days and giving our new Kinders such wonderful experiences.

### **MOSQUITOES**

As a result of the warm and wet weather conditions in many parts of the state, the prevalence of mosquitoes in our area has increased recently. Mosquitoes aren't just a nuisance; in some circumstances they can transmit mosquitoborne diseases such as Japanese encephalitis (JE). JE is a rare but serious disease spread to humans by infected mosquitoes and has been on the rise across the state. NSW Health is currently monitoring the evolving situation in NSW concerning JE and notes that the best protection against mosquitoes and the diseases they carry is to avoid mosquito bites.

To help you and your family prevent mosquito bites, the NSW Department of Education is distributing free mosquito repellent to our school students and staff. We will be arranging to distribute mosquito repellent for each student in the coming weeks when the supplies arrive. Please note that if repellent is used at school, school staff may assist in the application of repellent only where parent consent has been provided to the school. Schools have a duty of care to take reasonable steps to ensure the application of mosquito repellent is carried out safely during school hours. A permission note for school staff to assist your child/children to apply repellent will be available on Sentral on Wednesday. NSW Health also announced that they will be providing free vaccinations against JE for eligible people in Local Government Areas of high concern for the virus. I encourage you to refer to NSW Health's Japanese encephalitis vaccination page.

### JUMP ROPE FOR HEART

We now have 19 students registered and they are doing a wonderful job raising money for the Heart Foundation, but we'd love to see more! There's still time so please consider registering and sharing the link on your social media pages to ask friends and family to sponsor your child/children. Jump Off Day is in Week 8. Just follow this link to register your child/children: <a href="https://www.jumprope.org.au/parents">www.jumprope.org.au/parents</a>

### **PERMISSION NOTES**

We are working on putting all permission notes on Sentral but still don't have all families connected. If you would like help registering and connecting to the school on Sentral please call in or phone the office and we can help you get set up.

### ALL ABOARD SKATEBOARDING SESSIONS

All students will be taking part in skateboarding lessons this Wednesday and Thursday. This free program is provided by YMCA Action Sports through the Sports Australia Participation Project 2022 and QLD Sport and Recreation. The lessons aim to increase physical and mental wellbeing in children by teaching skateboarding in a nurturing and encouraging environment. They are designed to give young people, who are often apprehensive about visiting a skatepark for the first time, more confidence and skills. The organisers also hope to lower barriers to participation and offer a taste of Australia's fastest growing (and now Olympic) sport. The lessons are all run by fully trained and accredited coaches and all equipment is provided.

Wendy Davis, Relieving Principal

# Students of the Week

### Kinder /1

Kate Marriott Oliver Campbell Claire Kirk Sylvia Swann

### Year 2

Harper Parroissien Xavier Talbot

### **Year 3/4**

Isabel Noonan Tyler Goesch Willow MacDonald Lucas Swann Adele Maughan

# **Year 5/6**

Chloe Grech Amelia Chisholm Ava Schlink

# **Principal's Award**

Ava Schlink Amelia Chisholm Charlie Noonan

### **P&C News**

There is a P&C meeting tonight at 6pm in the school library. All welcome.

Don't forget to come along to our Working Bee this Thursday from 3pm.

Hannah Swann, P&C Secretary Ph: 0400270391 Email: baroogapublicschool.pandc@gmail.com



# LOST PROPERTY

We have found two wooden horses at one of our school gates. Please contact the school office if they belong to you or someone you know.

Issue 8 orders
Due: 9am
Thursday
24<sup>th</sup> November

**₩**SCHOLASTIC

**Book Club** 



# Final Kinder Transition Day

Friday 11th November was our final transition for 2022. The pre-schoolers were all very excited to spend the day with Mrs Kennedy and their 2023 buddies. They completed a number of fine motor skill activities in the morning including colour by number, letter tracing, cutting along lines, threading and peg boards. They also listened to a story with their buddy and had a play in the big playground with them.

Our pre-schoolers attended their very first assembly as well as the school Remembrance Day service. They cooked their own pizzas in the kitchen for lunch and sat at the long table to eat. It was a big day, and a great opportunity for all our pre-schoolers to experience firsthand a full day of 'big school' before we see them again at the beginning of the 2023 school year.























# How can I reduce mozzies around my home?

Mozzies like to lay their eggs around stagnant water. You can reduce mozzies around your home by:

- cleaning up your backyard to remove all water-holding containers, including buckets, tyres and toys
- flushing and wiping out bird baths, pet water bowls and water features once a week
- filling pot plant bases with sand to avoid standing water
- storing anything that can hold water undercover or in a dry place, and keeping bins covered
- lushing out the leaves of water-holding plants (e.g. bromeliads) once a week
- keeping drains and roof guttering clear of leaves
- · keeping your lawns mowed
- covering or securely screening the openings of septic tanks and rainwater tanks.



This year, we're expecting a warm and wet summer. Higher rainfall and warmer temperatures are the perfect breeding conditions for mosquitoes (mozzies). This means more mozzies and an increased risk of mosquito-borne diseases such as Japanese encephalitis virus, which was found in areas of regional NSW for the first time last summer.

Avoiding mozzie bites is the best way to protect yourself from the diseases they can carry.

# How do insect repellents work?

Repellents work by confusing a mozzie's senses such as smell and taste to prevent them finding and biting your skin.

Unlike fly sprays, spraying mozzie repellents will stop mozzies from biting you, but it won't kill them. Repellents only protect the areas they cover. Be sure to apply repellent evenly to all areas of exposed skin.

### Are insect repellents safe?

Insect repellents that contain diethyltoluamide (DEET), picaridin and oil of lemon eucalyptus are proven to be safe and effective. They are registered with the Australian Pesticides and Veterinary Medicines Authority (APVMA) which checks that products are safe and effective. There is no evidence that mosquito bands or patches work against mozzies, and natural repellents only provide limited protection.

Make sure you use approved products and read the instructions on the label.



For more information on how you can protect yourself against mozzie bites and mosquito-borne diseases this summer, visit:

www.health.nsw.gov.au/mosquitoes

# Keep mozzies away

NSW Health

Take the steps to protect yourself this summer







How can I correctly apply

September 2022 © NSW Health, SHPN (HP NSW) 220991

insect repellent?
Follow these simple tips when applying repellent to give you and your family the best protection

against mozzie bites:

- parents and carers should apply repellent to young children - never allow children to apply their own repellent
- apply repellent evenly to all exposed areas of skin and rub in with your hands
- ✓ if you're using sunscreen, apply the sunscreen first and then apply repellent
- when putting repellent on your face, rub the repellent into your hands first and then apply to your face – don't spray near your eyes and
- reapply more frequently during strenuous activity, hot weather, and after swimming
- ✓ always follow the product label instructions.

# How long does repellent work for?

Repellent can work for up to a few hours when applied correctly, but it depends on the type and concentration of the active ingredient. The higher the concentration, the longer it will last.

When choosing a repellent, you should those with the active ingredients of either DEET, picaridin or oil of lemon eucalyptus. Reapply repellent according to product label instructions.



# How else can I protect myself from mozzie bites?

Preventing mozzie bites means avoiding those annoying itchy lumps, as well as the diseases they can carry. Other ways to avoid mozzie bites include:

- wear long, loose fitting and light-coloured clothing when outside, as well as closed shoes with socks
- ensure all windows, doors, vents and other entrances to your home are covered with insect screens
- remove stagnant water and water-holding containers around your home where mozzies can breed
- use insecticide sprays, vapour dispensing units (indoors) and mosquito coils (outdoors) to repel mosquitoes from an area
- avoid spending lots of time outdoors at dawn and dusk when mosquitoes are most active
- ensure sleeping areas, including tents, are properly fitted with mosquito nets or screens.



Visit our website: www.barooga-p.schools.nsw.edu.au

E-mail: <u>barooga-p.school@det.nsw.edu.au</u> (Staff/General) Ph: 03-58734242 & 58734920

Facebook: <a href="www.facebook.comBaroogaps">www.Facebook.comBaroogaps</a>
e-mail: <a href="www.edu.au">wendy.d.davis@det.nsw.edu.au</a> (Principal/Confidential)
17-20 Hughes Street Barooga, NSW, 3644

# Wood'nThat Christmas Workshop

Become an ELF and enjoy the fun of making your very own CHRISTMAS decoration with wood, paint and stencils.

Christmas Trees, Decorations and so much more.....
Cost 60.00 per person

November 26th (Saturday) 9am-1pm November 27th (Sunday) 9am-1pm



Bookings 0456149466 0482060895







You can help bring joy to families who need our help on Christmas Day

For over 30 years the Cobram Community Christmas Gift Appeal has provided Christmas gifts to children in the Cobram and Districts Community, who would otherwise have received very little or nothing on Christmas Day.

# Donate A Gift Today

Gift collection points

Cobram Community House, Bendigo Bank Cobram, Cobram Cinema & Barooga Aquatic and Recreation Centre

For more information please call Cobram Community House on 03 5872 2224



# Doug's Christmas Day Lunch

Sunday, December 25th, 2022

11am - 2pm Cobram Bowling Club William Street, Cobram

A Lunch for older people who may otherwise be alone on Christmas Day

Registrations are essential.

Participation cost - \$10. This must be paid by Dec 9th to confirm your booking.

# <mark>Sun</mark>smart Snippet

It's never too late. Sun protection at any age will reduce your risk of skin cancer.

Protect your skin in five ways.



Remember to SLIP, SLOP, SLAP, SEEK and SLIDE when the UV is 3 or above.











sunsmartnsw.com.au



# Doug's Christmas Day Lunch registration form

Name			
Phone number			
Do you have your own transport?			
Would you be willing to help on the day?			
Would you otherwise be alone on Christmas Day?			
By submitting this application I understand that the 2022 will be a no-alcohol event and that a \$10 participation fee must be paid by December 9th. Please advise changes and note that any refund requests must be made before December 19th.			
Doug's Christmas Day Lunch Committee			
Phone: 03 5872 2224 Email: cch@cch.vic.edu.au	Date paid Receipt number		



# BAROOGA PUBLIC SCHOOL UNIFORM PRICE LIST

(AS OF 1<sup>ST</sup> MAY 2022)

\$10.00

\$12.00

\$10.00

## **SCHOOL LOGO PRINTED ITEMS:**

Bucket Hat - Maroon (BH4900)

Fleecy Scarf – Maroon (S0300)

Wide Brim Hat - Maroon (4900SH)

Short Sleeve Polo Shirt – Gold (52205)	\$24.00
Long Sleeve Polo Shirt – Gold (5220LS)	\$26.00
Fleecy Crew Neck Jumper – Maroon (5310CN)	\$30.00
Fleecy Hoodie – Maroon (5310HD)	\$42.00
(NEW) Softshell Zip Jacket – Maroon (3WSJ)	\$45.00
UNPRINTED PLAIN ITEMS:	
Mesh Sports Shorts – Maroon (5966MS)	\$19.00
Shorts – Grey (L4866)	\$24.00
Pants – Grey (L4805)	\$27.00
Microfibre Track Pants – Maroon (TP21Y)	\$35.00
(NEW) Stretch Microfibre Skort – Maroon (SKOA)	\$40.00
A-Line Sport Skort – Maroon (3130AS)	\$23.00
A-Line Semi Fitted Dress – Check (PSW)	